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## Evaluation of Carbapenems for Treatment of Multi- and Extensively Drug-Resistant *Mycobacterium tuberculosis*

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1    **Evaluation of carbapenems for multi/extensive-drug resistant *Mycobacterium tuberculosis***  
2    **treatment**

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27 **Abstract**

28 M/XDR-TB has become an increasing threat in high burden countries but also in affluent regions due  
29 to increased international travel and globalization. Carbapenems are earmarked as potentially active  
30 drugs for the treatment of *M. tuberculosis*. To better understand the potential of carbapenems for  
31 the treatment of M/XDR-TB, the aim of this review was to evaluate the literature on currently  
32 available *in vitro*, *in vivo* and clinical data on carbapenems in the treatment of *M. tuberculosis* and  
33 detection of knowledge gaps, in order to target future research.

34 In February 2018, a systematic literature search of PubMed and Web of Science was performed.

35 Overall the results of the studies identified in this review, which used a variety of carbapenem  
36 susceptibility tests on clinical and lab strains of *M. tuberculosis*, are consistent. *In vitro* the activity of  
37 carbapenems against *M. tuberculosis* is increased when used in combination with clavulanate, a BLaC  
38 inhibitor. However, clavulanate is not commercially available alone, and therefore is it practically  
39 impossible to prescribe carbapenems in combination with clavulanate at this time. Few *in vivo*  
40 studies have been performed, one prospective, two observational and seven retrospective clinical  
41 studies to assess effectiveness, safety and tolerability of three different carbapenems (imipenem,  
42 meropenem and ertapenem). Presently we found no clear evidence to select one particular  
43 carbapenem among the different candidate compounds, to design an effective M/XDR-TB regimen.  
44 Therefore more clinical evidence and dose optimization substantiated by hollow fiber infection  
45 studies are needed to support repurposing carbapenems for the treatment of M/XDR-TB.

46

47 **Introduction**

48 Treatment of tuberculosis (TB), a disease caused by *Mycobacterium tuberculosis*, has become more  
49 challenging with the emergence of multidrug resistant (MDR)-TB and extensively drug resistant  
50 (XDR)-TB among previously and newly detected cases **(1)**. M/XDR-TB has become an increasing  
51 threat in high burden countries but also in affluent regions due to increased international travel and  
52 globalization.

53  
54 MDR-TB is defined as an infectious disease caused by *M. tuberculosis* that is resistant to at least  
55 isoniazid and rifampicin. XDR-TB is defined as MDR-TB with additional resistance to at least one of  
56 the fluoroquinolones and to at least one of the injectable second line drugs (amikacin, capreomycin  
57 or kanamycin). New TB drugs, with a novel mechanism of action, include bedaquiline and delamanid  
58 that have recently been approved and included in the World Health Organization guidelines on MDR-  
59 TB as add-on agents **(2)**. Unfortunately resistance to these agents has already been detected **(3)**.  
60 Exploration of currently available drugs for their potential effect against TB, may be an additional  
61 source for potential candidates to be used in case of extensive resistance to try to compose a  
62 treatment regimen **(4-5)**.

63  
64 Beta-lactam antimicrobial drugs are widely used drugs for the treatment of a range of infections.  
65 Also, imipenem-cilastatin and meropenem have been listed as add-on drugs in the updated WHO  
66 treatment guidelines **(6)**. Carbapenem activity has long been considered to be of limited use, due to  
67 rapid hydrolysis of the beta -lactam ring by broad-spectrum mycobacterial class A beta-lactamases  
68 (BLaC). The addition of the BLaC inhibitor clavulanate suggests that beta-lactams combined with  
69 BLaC inhibitors could be beneficial in the treatment of TB **(7)**. Recent studies suggest that beta-  
70 lactams, using clavulanate/clavulanic acid, show more activity against *M. tuberculosis***(7-14)**.

71

72 The bacterial activity of beta-lactams is due to the inactivation of bacterial transpeptidases,  
73 commonly known as penicillin binding proteins (PBP), which inhibit the biosynthesis of the  
74 peptidoglycan layer of the cell wall of bacteria **(8,15)**. Polymerizations of the peptidoglycan layer in  
75 most bacteria are predominantly cross-linked by D,D-transpeptidases (DDT), the enzymes inhibited  
76 by beta-lactams **(8,16)**. The majority of crosslinks in peptidoglycan appear to be formed by the non-  
77 classical L,D-transpeptidases (LDT) in *M. tuberculosis* **(17-23)**. Several studies revealed the structural  
78 basis and the inactivation mechanism of LDT and the active role of carbapenems, providing a basis  
79 for the potential use of carbapenems in inhibiting *M. tuberculosis* **(24-28)**.  
80  
81 Beta-lactams show time-dependent activity, carbapenems have been shown to have bactericidal  
82 activity when the free drug plasma concentration exceeds the MIC for at least 40 % of the time in  
83 non-TB bacterial species **(29-30)**.  
84  
85 Carbapenems are earmarked as potentially active drugs for the treatment of *M. tuberculosis*. To  
86 better understand the potential of carbapenems for the treatment of **M/XDR-TB**, the aim of this  
87 review was to evaluate the literature on currently available *in vitro*, *in vivo* and clinical data on  
88 carbapenems in the treatment of *M. tuberculosis* and detection of knowledge gaps, in order to target  
89 future research.  
90

91 **Methods**92 **Prisma**

93 This systematic review was conducted in accordance with the Preferred Reporting Items for  
94 Systematic Reviews and Meta-Analyses (PRISMA) statement (31).

95

96 **Search**

97 In February 2018, a systematic literature search of PubMed and Web of Science, without restrictions  
98 with respect to publication date was employed using the key words ('Carbapenem' OR  
99 'Carbapenems' OR 'Imipenem' OR 'Meropenem' OR 'Ertapenem' OR 'Doripenem' OR 'Faropenem'  
100 OR 'Biapenem' OR 'Panipenem' OR 'Tebipenem') AND ('Tuberculosis' OR TB OR Mycobacterium  
101 tuberculosis) as MeSh Terms. Retrieved studies and abstracts from both PubMed and Web of Science  
102 were pooled and duplicates were removed. Titles and abstracts of retrieved articles were screened.  
103 Reviews, case-reports or studies on other species than TB or studies on other drugs than  
104 carbapenems were excluded. Studies were screened for eligibility. If eligible, the full-text was read by  
105 a researcher (SvR). A second researcher (MZ) independently repeated the article search and  
106 selection. Discrepancies were resolved by discussion, or a third researcher was consulted (JWA). Full  
107 text papers were subdivided into three sections; *in vitro*, *in vivo* and clinical data. Full text papers for  
108 *in vitro* data were eligible for inclusion if an *M. tuberculosis* strain was studied and minimum  
109 inhibitory concentrations were reported. Full text papers for *in vivo* data were eligible for inclusion if  
110 treatment of *M. tuberculosis* infections with carbapenems were studied in animal models, and if  
111 colony forming units and/or survival data were reported. Full text papers for clinical data were  
112 eligible for inclusion if pharmacokinetics of carbapenems or safety or response to treatment  
113 measured as surrogate end points (sputum conversion) or clinical end points were studied and  
114 reported. References of all included articles were screened by hand. The same systematic search was  
115 performed using clinicaltrials.gov to find ongoing studies investigating carbapenems in TB patients  
116 (Feb 2018).

117 **Data extraction**

118 A researcher (SvR) performed data extraction first by using a structured data collection form. A  
119 second researcher (MZ) verified the data extraction independently. Data were subdivided into three  
120 sections; *in vitro*, *in vivo* and clinical data. Variables in the section '*in vitro*' included; *M. tuberculosis*  
121 strain, experimental methods, drug of interest. Minimal inhibitory concentration, minimal inhibitory  
122 concentration with clavulanic acid, minimal bactericidal concentration and colony forming units  
123 (CFU) were extracted from the included articles. For the section '*in vivo*' the following data were  
124 included; *M. tuberculosis* strain, mice, route of infection, drug of interest with or without clavulanic  
125 acid, dose, and treatment, colony forming units and survival rate, were retrieved from the included  
126 articles. For the clinical section, we extracted data from the included articles on type of study  
127 population, number of subjects, study design, drug of interest, and dosage. Sputum smear, sputum  
128 culture, treatment success, adverse events and interruption due to adverse events were noted as  
129 outcomes. AUC, Peak drug concentration ( $C_{max}$ ), half-life ( $t_{1/2}$ ), Distribution volume (Vd), and  
130 clearance were extracted. Possibility of pooling data from included data was assessed on data  
131 presentation.

132

133 **Data quality**

134 No validated tool for risk of bias assessment for *in vitro* studies, *in vivo* studies and pharmacokinetic  
135 studies was available. To be able to assess the quality of each study, we verified if each study  
136 reported on key-elements required for adequate data interpretation. If studies reported adequately  
137 on the key-elements, risk of bias was considered to be low. If studies had missing data or if  
138 procedures were not clear or not mentioned, risk of bias was considered to be high. The following  
139 key-elements were identified for *in vitro* studies; description of lab or clinical strains, minimal sample  
140 size of >10 strains, >3 concentrations tested per drug, MIC/CFU determined using the proportion  
141 method, evaluation endpoint of minimal inhibitory concentration (MIC 50 or MIC 90), evaluation of  
142 endpoint of minimal bactericidal concentration (MBC99) and CFU reduction, for *in vivo* studies;

143 description of laboratory or clinical strains, type of mice, route of administration of the drug, dose  
144 and treatment duration, MIC/CFU determined using the proportion method, evaluation of endpoint  
145 of CFU and survival rate and for clinical studies; for *human* studies; study design, patient population  
146 (TB/MDR-TB; HIV co-infection), number of study participants, endpoints tested, defined as sputum  
147 smear conversion, sputum culture conversion, treatment success, adverse events. The following  
148 components were checked for pharmacokinetic studies: sample size, type of patients, type of assay,  
149 number of plasma samples drawn per patient, sample handling, use of validated analytical methods  
150 and method of AUC calculation.

151

## 152 **Results**

153 Based on the selection criteria, 250 articles were retrieved in PubMed and 260 in Web of Science.  
154 After removal of 146 duplicates, 364 articles remained for screening. After screening of the title and  
155 abstract, 46 articles remained for full text evaluation. Reasons for exclusion included; not available  
156 (n=6), other drugs (n=2), no MIC (n=1), case-report (n=1), other (n=1). After this process, 35 relevant  
157 articles were included in this study (Flow chart; Fig 1). Due to low number and high diversity of  
158 strains, analytical methods and study designs, presence of biochemical instability of the drugs of  
159 interest, the short half-life of drugs of interest in mice and the diversity in MIC determination, we did  
160 not have enough data to perform a meta-analysis. Risk of bias of the included studies is shown in  
161 table S1. Studies on clinicaltrials.gov are shown in S2.

162

## 163 **In vitro**

164 Results of the *in vitro* studies reporting on carbapenems are presented in table 1.

165

## 166 **Imipenem**

167 Susceptibility testing of imipenem, using various analytical methods against strain H37Rv, H37Ra,  
168 Erdman and clinical isolates of *M. tuberculosis* showed a range of MIC's between 2 – 32 mg/ L



169 without clavulanic acid and a range of MIC's between 0.16 – 32 with clavulanic acid. (8,32-37). When  
170 Imipenem was combined with clavulanate it showed a 4-16-fold lower MIC against the *M.*  
171 *tuberculosis* H37Rv reference strain (8,33-35).

172

### 173 **Meropenem**

174 Multiple studies reported that meropenem in presence of clavulanate is active *in vitro* against clinical  
175 and lab strains, H37Rv and H37Ra, of *M. tuberculosis*, showing MIC's  $\leq 1$  mg/L. *In vitro* studies  
176 reporting susceptibility of meropenem of *M. tuberculosis* reference strain and clinical isolates  
177 showed MIC values between 1 - 32 mg/L (8,33-44). Meropenem in combination with clavulanic acid  
178 was shown to have a MIC between 0.063 – 32 mg/L (33-35,38,43) Meropenem in combination with  
179 clavulanate killed the non-replicating ss18b strain of *M. tuberculosis* moderately and was shown to  
180 have a MIC of 0.125 – 2.56 mg/L against *M. tuberculosis* H37Rv strains (8,34-35,40). A decrease of a  
181 2 log<sub>10</sub> CFUs over six days was reported in *M. tuberculosis*-infected murine macrophages (40).

182

### 183 **Ertapenem**

184 In clinical strains of *M. tuberculosis* the MIC of ertapenem, as single agent, was 16 mg/L and when  
185 combined with clavulanate 4 mg/L (33,35). Another study showed ertapenem was unstable  
186 degrading faster than the doubling time of *M. tuberculosis* in the growth media used, suggesting  
187 previous published MICs of ertapenem are likely to be falsely high (45). In a hollow fiber model with  
188 supplementation of ertapenem in a broth microdilution test, ertapenem showed a MIC of 0.6 ml/L  
189 (46). A 28-day exposure-response hollow fiber model of TB study tested 8 different doses of  
190 ertapenem in combination with clavulanate and identified the ertapenem exposure associated with  
191 optimal sterilizing effect for clinical use. Monte Carlo simulation with 10,000 MDR-TB patients  
192 identified a susceptibility breakpoint MIC of 2 mg/L for an intravenous dose of 2 g once a day that  
193 achieved or exceeded 40%T>MIC. (46)

### 194 **Faropenem**

195 Faropenem showed a 4-fold reduction when combined with clavulanic acid (**33,34**), resulting in a MIC  
196 range between 1 - 5 mg/L (**33-34, 47-49**) In a hollow fiber model, the optimal target exposure was  
197 identified to be associated with optimal efficacy in children with disseminated TB using Monte Carlo  
198 simulations; the predicted optimal oral dose was 30 mg/kg of Faropenem/medoximil 3-4 times daily.  
199 The exposure target for Faropenem/medoximil was 60%  $T_{free} > MIC$  (**50**).

200

#### 201 **Other carbapenems**

202 Other carbapenems, such as doripenem, biapenem and tebipenem showed at least a 2-fold  
203 reduction in MIC when combined with clavulanic acid (**33,37,43,51**).

204

#### 205 ***In vivo***

206 Results of the *in vivo* studies reporting on carbapenems are presented in table 2.

207

#### 208 **Imipenem**

209 The bacterial burden in imipenem-treated CD-1 female mice (twice daily (BID) 100 mg/kg), infected  
210 with *M. tuberculosis* strain H37Rv, was reduced by 1.8 log<sub>10</sub> in splenic tissue and 1.2 log<sub>10</sub> in lung  
211 tissue after 28 days, showing an anti-mycobacterial effect as well as improved survival in this mouse  
212 model (**52**). In another study Swiss mice, infected with *M. tuberculosis* strain H37Rv, were treated  
213 with a subcutaneous administration of 100-mg/kg imipenem in combination with clavulanate once a  
214 day to simulate a human equivalent dose. The CFU count after 28 days of treatment increased  
215 compared to the CFU count at start of treatment. There only was a significant difference in the  
216 imipenem-clavulanate treated mice (**35**).

217

#### 218 **Meropenem**

219 It has been reported that 300 mg/kg BID meropenem alone, and in combination with 50 mg/kg  
220 clavulanate both resulted in a significant, though modest reduction, in CFUs in lung and spleen

221 tissues in C57BL/6 mice **(40)**. Veziris *et al.* reported a CFU increase compared to start of the  
222 treatment of meropenem when given as mono-therapy or in combination with clavulanate in a dose  
223 of 100 mg/kg, on CFUs, spleen weights, or lung lesions in Swiss mice **(35)**. Meropenem in a dose of  
224 300 mg/kg in combination with clavulanate, 75 mg/kg thrice-daily given to BALB/c mice showed  
225 marginal reduction in CFU counts in the acute model and no reduction in the chronic model **(34)**.  
226 Meropenem, given subcutaneously 300 mg/kg three times a day, showed a CFU count reduction of  
227 1.7 log in the lungs of TF3157 DHP-1 deficient mice. **(53)**

228

#### 229 **Ertapenem**

230 In a murine TB model infected with H37Rv, a dose of 100 mg/kg once daily ertapenem as  
231 monotherapy or in combination with clavulanate had neither bactericidal nor bacteriostatic activity  
232 in lungs and spleens of TB-infected mice. Spleen weight and lung lesions remained similar compared  
233 to the untreated group of mice. There was an increase in CFUs compared to the CFUs at the start of  
234 the treatment **(35)**.

#### 235 **Other Carbapenems**

236 An oral dose of 500 mg/kg Faropenem medoxil, given three times daily, gave a reduction of 2 log CFU  
237 count in the lungs of TF3157 DHP-1 deficient mice **(53)**. Neither *in vivo* nor clinical studies for other  
238 carbapenems as part of a multi-drug regimen against TB were retrieved.

239

#### 240 **Clinical studies**

241 Results of the clinical studies reporting on carbapenems are presented in table 3.

242

#### 243 **Imipenem**

244 Ten patients were treated with imipenem in combination with two or more other antimicrobial  
245 agents. It was reported that it was likely that 1g of imipenem (BID) contributed to sputum culture

246 conversion in these patients **(52)**. A prospective study evaluated 1000 mg/day imipenem/clavulanate  
247 at a dose of once daily in 12 patients, 11 of these patients received linezolid-containing regimens. All  
248 patients showed sputum and culture conversion within 180 days. No adverse events were reported  
249 for imipenem/clavulanate **(54)**. In a large observational study, the clinical outcomes of 84 patients,  
250 treated with 500 mg imipenem/clavulanate four times a day, were compared with results from 168  
251 controls. The study showed that imipenem-containing regimens achieved comparable results  
252 compared to the imipenem sparing regimens, while success rates were similar to major international  
253 MDR-TB cohorts **(55)**.

254

### 255 **Meropenem**

256 A regimen including meropenem-clavulanate given to 18 patients with severe pulmonary XDR-TB led  
257 to sputum culture conversion in 15 patients, of which 10 has successfully completed and five patients  
258 were considered cured according to WHO guidelines. Long-term safety was not a problem in this  
259 study as no adverse events were reported **(56-57)**. The first study, that evaluated efficacy, safety and  
260 tolerability, was a case-control study in 37 patients, who received meropenem/clavulanate as part of  
261 a linezolid based multi-drug regimen. This is the first study that showed an added value of  
262 meropenem/clavulanate in a multi-drug regimen. The meropenem/clavulanate containing regimen  
263 showed a sputum microscopy conversion of 87.5 % and a sputum culture conversion of 83.8%, while  
264 the meropenem/clavulanate sparing regimen showed a sputum microscopy conversion of 56.3% and  
265 a sputum culture conversion of 62.5% after 90 days of treatment **(58)**. In another study, 10 XDR and  
266 pre-XDR female patients were treated with multi-drug regimens and received  
267 meropenem/clavunlanate for 6 months or more. Eight patients achieved sputum conversion after 6  
268 months, while two patients died. **(59)**. Pharmacokinetic parameters of 1 g meropenem/clavulanate  
269 given intravenously over 5 minutes showed a serum peak of 112 mg/ml and a concentration of 28.6  
270 mg\*h/L **(39)**. In an observational retrospective cohort-study, efficacy and safety were evaluated in 96  
271 patients treated with meropenem/clavulanate containing regimens and compared with 168 controls.

272 Sputum smear and culture conversion rates were found to be similar **(60)** In an observational study  
273 comparing therapeutic contribution, such as sputum smear and culture conversion rates and success  
274 rates, of imipenem/clavulanate and meropenem/ clavulanate in a background regimen, suggested  
275 that meropenem/clavulanate can contribute to the efficacy of a regimen in treating M/XDR-TB  
276 patients **(11)**.

277

## 278 Ertapenem

279 The first report on clinical experience with ertapenem presented data from five patients who were  
280 treated with an intravenous injection of 1 g ertapenem once daily in a multi-drug regimen. Three of  
281 these patients showed sputum smear and culture conversion; four of five patients had a successful  
282 treatment outcome. Two patients interrupted treatment due to an adverse event. These adverse  
283 events were considered unrelated to the study drug **(61)**. In an observational study 18 patients were  
284 treated with 1 g ertapenem once daily; fifteen of these patients had a successful treatment outcome  
285 were cured. Three patients were lost due to follow-up. Three patients stopped ertapenem treatment  
286 due to ertapenem unrelated adverse events. Pharmacokinetic parameters were evaluated in 12  
287 patients, showing a mean peak plasma of 127.5 (range 73.9 - 277.9) mg /L and an AUC of 544.9  
288 (range 390 - 1130) mg\*h/L. Based on a MIC of 0.25 mg/ml 11/12 patients reached the target value of  
289 40%  $T_{free} > MIC$  was exceeded **(10)**. The pharmacokinetic model composed in this study was shown to  
290 adequately predict ertapenem exposure in MDR-TB patients. The Monte Carlo simulation, which had  
291 a time restriction of 0–6 h, showed that the best performing limited sampling strategy was at 1 and 5  
292 h after intravenous injection. **(62)**. In another pharmacokinetic model study using prospective data  
293 from 12 TB patients it was observed that 2 g ertapenem once daily resulted in a more than a dose-  
294 proportional increase in AUC compared to once daily 1 g ertapenem. Based on a MIC of 1.0 mg/L, 11  
295 out of 12 patients reached the target value of 40%  $T_{free} > MIC$  **(63)**.

296

## 297 Discussion

298 Hugonnet and colleagues first stated that carbapenems have antimycobacterial activity (7).  
299 Subsequently, studies addressing the inactivation mechanism of LDT provided the underlying  
300 evidence to support the hypothesis of activity of carbapenems against *M. tuberculosis* (14-28). In  
301 spite of this a series of *in vitro* studies have been carried out, some of which detected an effect and  
302 some of which did not (8,32-50). Only later, was it recognized that these confusing results are  
303 probably explained by the chemical instability of carbapenems, in culture media at the temperatures  
304 typically used in *in vitro* studies, and many previously published *in vitro* studies are likely to have  
305 reported falsely high MICs (45).  
306  
307 Overall the results of the studies identified in this review, which used a variety of experimental  
308 methods to test clinical and laboratory strains of *M. tuberculosis* for susceptibility to carbapenems,  
309 are consistent. Carbapenems are more active against *M. tuberculosis* if used in combination with  
310 clavulanate, a BLaC inhibitor. (8,32-50). In line with these *in vitro* studies the addition of clavulanate  
311 improved the survival rate in mice (35). As the European Medicines Agency (EMA) has accepted and  
312 qualified the *in vitro* hollow fiber system models as a methodology to define pharmacokinetic and  
313 pharmacodynamic (PK/PD) parameters, these modern *in vitro* studies can be used to avoid the  
314 problems associated with the chemical instability of these agents in standard agar based MIC testing.  
315 Thus, hollow fiber systems have the potential for dose finding and regimen selection studies on the  
316 use of carbapenems in the treatment of TB (64-65).  
317  
318 Few *in vivo* studies have been performed due to the short half-life and lower serum concentrations  
319 of carbapenems in mice (35).  
320  
321 One prospective, two observational and seven retrospective clinical studies to assess effectiveness,  
322 safety and tolerability of three different carbapenems (imipenem, meropenem and ertapenem) have  
323 been performed. Adverse events due to carbapenems were mild, confirming what we know from  
other infectious diseases; but in contrast to other repurposed drugs like linezolid (55,58,60). To date,

324 only two large retrospective studies with M/XDR-TB patients have been performed with imipenem  
325 (84 patients), and meropenem (96 patients) **(11)**. Meropenem/ clavulanate was suggested to be  
326 more efficient in managing M/XDR-TB **(11)**, however interpretational limitations were mentioned.  
327  
328 We found no clear evidence to select one particular carbapenem among the different candidate  
329 compounds, when designing an effective M/XDR-TB regimen. Both economical and clinical factors  
330 play a role. Whereas imipenem is the cheaper carbapenem, ertapenem has the potential advantage  
331 that it is only given once daily; and meropenem is by some authors believed to be the most effective  
332 in humans, but no head-to-head comparison studies have confirmed this to date. Therefore, more  
333 clinical evidence and dose optimization substantiated for example by hollow fiber infection studies  
334 are needed to support the repurposing carbapenems for the treatment of M/XDR-TB.  
335  
336 Clinical studies are hampered by the fact that currently no combination of a carbapenem with  
337 clavulanate is commercially available. Furthermore, clavulanate is not available alone so at present it  
338 is not practically possible to prescribe carbapenem with clavulanate. Therefore, amoxicillin –  
339 clavulanate is often co-administered along with a carbapenem in case the latter is preferred for  
340 treatment. Unfortunately, amoxicillin has gastrointestinal side effects potentially complicating  
341 prolonged treatment. Therefore, combined treatment amoxicillin– clavulanate with a carbapenem is  
342 only an option for TB treatment of complicated cases showing multi- or extensive drug resistance  
343 **(42)**. Although, Gonzalo *et al.* reported a potential benefit that MIC values drop when amoxicillin is  
344 added to a combination of meropenem and clavulanate.  
  
345 Due to different procedures, analytical methods and design, the biochemical instability of the drugs  
346 of interest, the short half-life of drugs of interest in mice, diversity in MIC determination and  
347 intolerance in addition to resistance, it was not possible to perform a meta-analysis. While the  
348 observational data are promising, carbapenems can only be recommended in case of resistance to  
349 group A and group B drugs in M/XDR-TB treatment.

350 The ideal carbapenem would have the antimycobacterial activity of imipenem, the half-life of  
351 ertapenem and the oral bioavailability of tebipenem-pivoxil. Due to increasing resistance observed in  
352 XDR-TB isolates (66-67) and in MDR-TB patients with resistance to an aminoglycoside, carbapenems  
353 may be a valuable alternative to the current injectable second line drugs. Assessment of intracellular  
354 activity as well as activity against dormant *M. tuberculosis* by carbapenems is a critical step to further  
355 explore the potential of these repurposed drugs.

356 As successful treatment outcome for M/XDR-TB is still poor, ranging from 25-50% (1) an  
357 improvement of the current treatment is urgently needed. An individual data meta-analysis among  
358 12,030 individual patients from 50 studies showed a significantly better treatment outcome for  
359 patients who received carbapenems compared to other drugs traditionally used for treatment of  
360 MDR-TB. (68). Since there is a need for new or repurposed drugs for the treatment of M/XDR-TB,  
361 phase II/ III clinical trials are urgently needed for carbapenems to further evaluate their potential.  
362 Long term safety and activity against *M. tuberculosis* are supported by observational data and several  
363 studies (41,50,69). A phase II prospective randomized controlled study evaluating a carbapenem plus  
364 a BLaC inhibitor on top of an optimized background regimen versus standard of care would be an  
365 appropriate strategy to test the potential benefits of carbapenems for M/XDR-TB treatment.

366

## 367 Conclusion

368 Now the variable results of *in vitro* studies have been explained and the activity of carbapenems in  
369 the presence of a BLaC inhibitor is established, these drugs should be further developed for the  
370 treatment of multi- and extensive drug resistant *M. tuberculosis*. Ultimately, a well-designed phase 2  
371 study is needed to substantiate the claimed benefits of carbapenems in patients with drug-resistant  
372 TB.

373

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635 Willem C Alffenaar. 2018. Pound foolish and penny wise—when will dosing of rifampicin be  
636 optimised? *The Lancet Respiratory Medicine*  
637  
638



639 Figure 1: Flow chart

640 Table 1: Results of the *in vitro* studies reporting on carbapenems

641 N: number of strains, MIC: Minimal inhibitory concentration (mg/L), MIC50: Minimal inhibitory  
642 concentration required to inhibit growth of 50% of the organisms, MIC90: Minimal inhibitory  
643 concentration required to inhibit growth of 90% of the organisms, CLV: clavulanate (mg/L) , MBC99:  
644 minimal bactericidal concentration that kills 99% of replication culture (mg/L), CFU: colony forming  
645 units (Log/(CFU/ml))

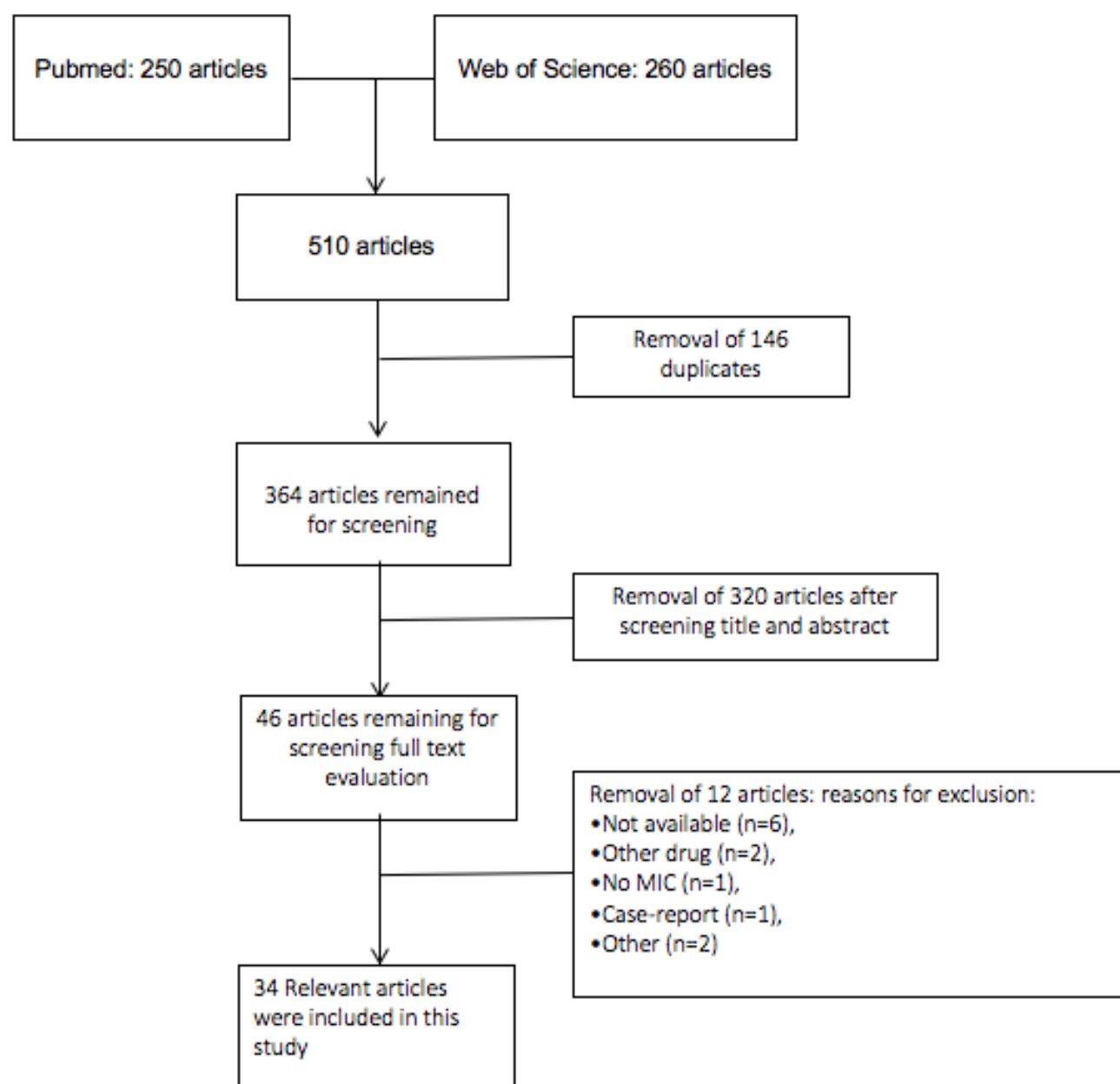
646 Table 2: Results of the *in vivo* studies reporting on carbapenems

647 MIC: Minimal inhibitory concentration (mg/L) , CLV: clavulanate (mg/L) , MBC: minimal bactericidal  
648 concentration (mg/L), CFU: colony forming units. qd: once a day, bid: twice a day, tid: three times a  
649 day, qid: four times a day, ND: not described.

650

651 Table 3: Results of the *in human* studies reporting on carbapenems

652 qd: once a day, bid: twice a day, tid: three times a day, qid: four times a day. PK: pharmacokinetic,  
653 ND: not described





First author (ref.)	Strain	N	Method	Carbapenem	Betalactamase inhibitor	MIC	MIC50	MIC90	MIC/CLV	MIC50/CLV	MIC90/CLV	MBC99	Δ log CFU reduction
Chambers et al (32)	H37Ra, H37Rv, clinical isolates	7	Bactec TB system	Imipenem	None	(2-4)							
Cohen et al (38)	H37Rv, Clinical isolates	91	Microplate alamar Blue assay	Meropenem	Clavunilate	22 (2-32)			5,4 (0,5 - 32)				
Cavanaugh et al (39)	Clinical isolates	153	Resazurin microdilution assay	Meropenem	Clavunilate				(<0,12 - >16)	1	8		
Deshpande et al (47)	H37Ra, THP 1 monocytes	1	Resazurin microdilution assay, CFU counts	Faropenem	None	1							2.71 log
Dhar et al (49)	H37Rv, Erdman	2	96 Well flat-bottom polystyrene microtiter plate	Faropenem Meropenem Imipenem	Clavunilate	1,3 2,5 2,5			1,3 0,3 0,5				
England et al (40)	H37Rv, macrophages	1	CFU counts	Meropenem	Clavunilate								2 log
Forsman et al (41)	H37Rv, Clinical isolates	69	Broth microdilution	Meropenem	Clavunilate				(0.125-32)		1		
Gonzalo et al (42)	H37Rv, Clinical isolates	28	960 MGIT system	Meropenem	Clavunilate	resistant at 5 mg/L			(1.28 - 2.56)				
Gurumurthy et al (48)	H37Rv	1	96 Wells plate	Faropenem	None			5-10				20	0 log

Horita et al (43)	H37Rv, Clinical isolates	42	Broth microdilution	Meropenem Biapenem Tebipenem	Clavunolate (Avibactam)	1-32 1-32 0.25-8	16 16 4	32 32 8	0.063-8 0.25-8 0.063-8	2 2 1	4 4 1		
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Table 1: Results of the *in vitro* studies reporting on carbapenems

Hugonnet et al (8)	Erdman, H37Rv, Clinical isolates	15	Broth microdilution	Imipenem Meropenem	Clavunolate				0.16 0.23-1.25				
Kaushik et al (33)	H37Rv, Clinical isolates	1	Broth microdilution	Imipenem Meropenem Ertapenem Doripenem Biapenem Faropenem Tebipenem Panipenem	Clavunolate			40-80 5-10 10-20 2.5-5 2.5-5 2.5-5 1.25-2.5 >80			20-40 2.5-5 5-10 1.25-2.5 0.6-1.2 2.5-5 0.31-0.62 ND	ND 80 ND 20 20 20 10 ND	
Kaushik et al (51)	H37Rv, strain 115R, strain 124R	3	Broth microdilution	Biapenem	None	(2-8)							
Sala et al (44)	18b cells	1	Serial dilutions, CFU counts	Meropenem	Clavunolate								2 log
Solapure et al (34)	H37Rv, 18b cells	1	Resazurin microdilution assay, CFU counts	Imipenem Meropenem Faropenem	Clavunolate	4 8 4			0.5 1 2			4 (5 mg/ml) 2 ( 4	
Srivastava et al (45)	H37Ra	1	Resazurin microdilution assay	Ertapenem	Clavunolate	0.6							2.38 log10
Veziris et al (35)	H37Rv	1	Broth microdilution	Imipenem Meropenem Ertapenem	Clavunolate		16 8 16			1 1 4			

Table 2: Results of the *in vivo* studies reporting on carbapenems

First author (ref).	Strain	Mice	Infection	Drug	Dose	Infection model	Treatment	End-point	Organs	CFU reduction	Survival rate	CFU/ clv
Chambers et al (52)	H37Rv	CD-1 Female mice	subcutaneously	Imipenem	Bid 100 mg/kg	ND	28 days	CFU count, Survival rate	Spleen, lungs	1.8 log	65%	ND
Dhar et al (49)	H37Rv	adult C57BL/6J mice	intratracheal	Faropenem	500 mg/kg	acute TB	8 days	CFU count	Lungs	reduction of CFU: 10 <sup>5</sup> - 10 <sup>6</sup>	ND	ND
England et al (40)	H37Rv	C57BL/6 Mice	subcutaneously	Meropenem	bid 300 mg/kg	Chronic stage	2 weeks	CFU count	Spleen, lungs	1 log	ND	1 log
		New zealand white rabbits	intravenous bolus	Meropenem	75 mg/kg 125 mg/kg	ND	ND	PK data	ND	ND	ND	ND
Kaushik et al (51)	H37Rv	BALB/c mice	Aerosol	Biapenem	200 mg/kg BID 300 mg/kg BID	Late phase acute TB rifampicin resistant TB	8 weeks 4 weeks	CFU count	Lungs	1 log ND	ND	ND
Rullas et al (53)	H37Rv	TF3157 DHP-I KO	subcutaneously	Meropenem Faropenem	TID 300 mg/kg TID 500 mg/kg	Acute TB model	21 days	CFU count	Lungs	1.7 log 2 log	ND ND	ND ND
Solapure et al (34)	H37Rv	BALB/c mice	Aerosol	Meropenem	TID 300 mg/kg	Acute and chronic model	4 weeks	CFU count	lungs	no reduction	ND	no reduction
Veziris et al (35)	H37Rv	Female Swiss mice	Intravenously	Imipenem Meropenem Ertapenem	100 mg/kg 100 mg/kg 100 mg/kg	preventive model	28 days	CFU count, Survival rate	Spleen, lungs	>1.2 log* >1.8 log* >1.7 log*	1 dead 3 dead 3 dead	>0.9 log* >1.4 log* >1.6 log*



Table 3: Results of the *in human* studies reporting on carbapenems

First author (ref)	year of publication	Country	Study population	Study design	Drug	Dosage	Patients	Paediatric	Sputum Smear	Sputum culture	Treatment success	Adverse events	Interruption due AE
Arbex et al (54)	2016	Brazil	2013 - 2015	Observational, retrospective	Imipenem	1 g oc	12	No	12/12	12/12	7/12	0/12	0/12
Chambers et al (52)	2005	USA	ND	Prospective	Imipenem	1 g bid	10	No	ND	8/10	7/10	ND	ND
De Lorenzo et al (58)	2014	Italy, The Netherlands	2001-2012	Observational case-control	Meropenem	1 g tid	37	No	28/32	31/37	ND	5/37	2/5
Payen et al (57)	2018	Belgium	2009-2016	Retrospective case series	Meropenem	2 g tid (then bid)	18	No	16/18	16/18	15/18	0/18	0/18
Palmero et al (59)	2015	Argentina	2012-2013	Retrospective	Meropenem	2 g tid (then 1 g tid)	10	No	ND	8/10	3/6	0/10	ND
Van Rijn et al (10)	2016	The Netherlands	2010-2013	Retrospective	Ertapenem	1 g oc	18	yes	ND	15/18	15/18	2/18	3/18
Tiberi et al (61)	2016	Italy, The Netherlands	2008-2015	Retrospective, cohort	Ertapenem	1 g oc	5	No	3/5	3/5	4/5	0/5	0/5
Tiberi et al (60)	2016	Italy, The Netherlands	2003-2015	Observational, retrospective, cohort	Meropenem	1 g tid (2g tid)	96	No	55/58	55/58	55/96	6/93	8/94

Tiberi et al (11, 55)	2016	-	2003-2015	Observational retrospective case-control	Imipenem	500 mg qid	84	No	51/64	51/64	34/57	3/56	4/55
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